

## **CREATE a GRAB & GO Bag:**

(a back pack is ideal – one for each member of the household)

### **1. PERSONAL NEEDS:**

- a) layered clothing
- b) lightweight rain gear
- c) eyeglasses
- d) first aid kit
- e) baby wipes
- f) travel size toiletries
- g) 3-days worth of meds
- h) Multi-purpose tool with a knife & can opener

### **2. PAPERWORK:**

Fill a zip-top waterproof bag with photocopies of:

- birth certificate
- driver's license
- Social Security & Medicare cards
- proof of address
- insurance information
- marriage/adoption/naturalization certificates
- medical information
- information about credit cards & ATM cards
- will

### **3. CASH:**

Enough for a few days – include small bills + a roll of quarters

### **4. ELECTRONICS**

- a) LED Flashlight
- b) extra phone charger &/or extra battery pack
- c) portable radio – if not a hand-crank type, include extra batteries

### **5. FOOD & DRINK**

- a) bottled water – an essential
- b) granola or energy bars